

Brain Function & Progesterone

By Dr. John Lee, MD

In my research over the years, learning about progesterone I discovered brain cells concentrate progesterone and testosterone to levels 20 times higher than the blood carries.

Now, brain cells wouldn't do this unless the progesterone or testosterone has some function in the brain cell. Why go to the work of drawing that progesterone in, holding it against an osmotic gradient, getting it through the cell membrane into the brain cell unless there is some reason for it?

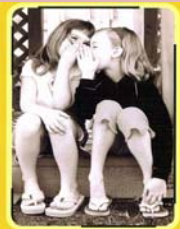
So now I understood why some of my patients who gave this to their elder mothers and aunts who were in nursing homes, they gave it to them for their bones or because it's so wonderful for skin, it hydrates skin again, makes skin much better, these elderly women all became much more alert and aware. Women who were content to just to lie in bed all day and couldn't keep track of the conversation with their niece or whatever, after a week or so of being on progesterone they're up leading discussions on the headlines and the latest in book reviews.

I had a doctor come all the way from Sao Paulo, Brazil. He gave it to his 92 year-old mother and his mother resumed being an intellectual giant again... where before she had become a baby-like cripple. And he specializes in the care of the elderly. He came all the way up from Sao Paulo, Brazil to a little town where I live - Sebastopol, California - to spend an afternoon talking to me about it. It helps brain function.

It's also very important to read Dr. John Lee's books, *'What Your Doctor May Not Tell You About Premenopause'* *'What Your Doctor May Not Tell You About Menopause'* and his most recent book *'What Your Doctor May Not Tell You About Breast Cancer'*. These three books are must reads for any woman who refuses to pump synthetic hormones into her precious body.

For more information about Neways [Endau Natural Progesterone Cream](#).

- [How many of these 50 symptoms are you experiencing?](#)
- [Where in Perimenopause are you?](#)
- [Frequently Ask Questions](#)
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